



M.MANO PRASAD

CONTACTS

Address –

Na'dal st, Al Zahiyah, Abu Dhabi.

T.P –

+971503982513

Email –

manoprasad19@gmail.com

D.O.B –

1991.10.09

Civil Status –

Married

Nationality –

Sri Lanka

Visa Status –

Visit Visa

EDUCATION

- **G.C.E. Advanced Level**
Wayamba Royal Collage
2011
- **G.C.E. Ordinary Level**
Wayamba Royal Collage
2007

CERTIFICATES

- **Scouter in school scout association**
2004-2007

Kitchen Helper

Kitchen Helper is responsible for being friendly, helpful, and efficient. This includes taking care of the food in the kitchen and cleaning up after the cooks. The Kitchen Helper may also be responsible for cleaning up after guests or other employees in the kitchen, such as washing dishes, preparing and serving food, or assisting with laundry.

WORK EXPERIENCE

● Kitchen helper – one years.

Green Valley resort, Kurunegala, Sri Lanka.

- Washed dishes, glassware, flatware, pots, and/or pans using dishwashers or by hand Clean garbage cans with water or steam.
- Maintained kitchen work areas, equipment, and utensils in clean and orderly condition.
- Placed clean dishes, utensils, and cooking equipment in storage areas.
- Prepared and packaged individual place settings.
- Sorted and removed the trash, placing it in designated pickup areas.
- Sweep and scrubbed floors Clean and prepare various foods for cooking or serving.
- Loaded or unloaded trucks that deliver or pick up food and supplies.

● Server – one year.

Aluben food center, Kurunegala, Sri Lanka.

- Served food and/or beverages to patrons, prepared and served specialty dishes at tables as required.
- Removed dishes and glasses from tables or counters, and took them to the kitchen for cleaning.
- Presented menus to patrons and answered questions about menu items, making recommendations upon request.
- Prepared hot, cold, and mixed drinks for patrons, and chill bottles of wine.
- Explained how various menu items are prepared, describing ingredients and cooking methods.
- Prepared tables for meals, including setting up items such as linens, silverware, and glassware.

● Aluminum fabricator

Aluben fabricators, Kurunegala, Sri Lanka.

* Aluminum works helper.

SKILLS & HIGHLIGHTS

- Communication
- Food Safety & Hygiene
- Customer Service
- Attention to Detail
- Time Management
- Multitasking
- Physical Stamina
- Problem Solving
- Hard Working
- Fast Learning Skills
- Works well under pressure
- Exceptional interpersonal skills
- Team work ability.
- Self - Motivated, highly energetic
- Familiar with MS Office - Computing, Excel and Word.
- Adapted to work environment quickly and be part of the team soon

LANGUAGES

- English - Proficient
 - Tamil - Excellent
 - Sinhala – Excellent
 - Hindi - Average
-