ABOUT MF

I am a driven and ambitious professional, boasting a versatile background that cuts across multiple industries. My expertise lies in administrative roles, where I have excelled as a marketing manager and in sales positions, complemented by substantial experience in customer service. My diverse skill set is a testament to my adaptability and proficiency. With a proven track record in business management, I am adept at engaging customers, demonstrating extensive product knowledge, and excelling in relationship-building. I am passionate about leveraging these skills to make a significant impact on the growth and success of any forward-thinking organization.

EDUCATION

BSC IN PSYCHOLOGY

Foundation University School of Science and Technology / Islamabad / 2023

INTERMEDIATE-HUMANITIES

Pakistan Islamia Higher Secondary School / Sharjah / 2019

SKILLS

MICROSOFT OFFICE

EMAIL OPERATIONS-OUTLOOK

STATISTICAL PACKAGE FOR THE SOCIAL SCIENCES (SPSS)

LANGUAGES

ENGLISH

URDU

HINDI



AMNA TARIQ ADMINISTRATOR CUM CSR

- United Arab Emirates, Sharjah, United Arab Emirates
- +971529938770
- aminatariq669@gmail.com

WORK EXPERIENCE

Customer Service Representative

IMG WORLDS OF ADVENTURE

Dubai Jan 2019 - Aug 2019

SMALL STEPS CLINIC

Dec 2019 - Feb 2021

- Provided exceptional customer service addressing inquiries and resolving issues.
- Assisted visitors with information about park attractions and services.
- Contributed to a positive and welcoming customer experience with handling customer complaints, providing appropriate solutions and recommending alternatives.

Administrator

- Assisted in maintaining patient records and reports under the guidance of mentors.
- Maintaining and recording data of the pateints.
- Preparing reports for army and civil sepa
- Assumed responsibility for additional tasks, including information systems management and record-keeping to ensure accurate documentation.

Sales Representative

- Organized and managed the track record of the store inventory.
- Achieved cross-selling and up-selling with targets set by the management.
- Identified customer's needs and ensuring they have a positive experience from start to end.

ARMED FORCES INSTITUTE OF CARDIOLOGY

SADAQAT-

PHARMACY

Mar 2021 - Sep 2022

Nov 2022 - Mar 2024

Assistant Psychologist

- Conducted individual counseling sessions under the guidance of licensed psychologists.
- Facilitated group therapy sessions and workshops focused on stress management, communication skills, and emotional wellbeing.
- Collaborated with senior psychologists in developing and implementing psychological campaigns.

CERTIFICATIONS

AFIC

Basic Life Support Course

AFIC

Advanced Cardiac Life Support

FUSST

FUSST

DSM-V

PERSONAL DETAILS

Date of birth 26 May 2001

Nationality Pakistani

Visa status Employment Visa

REFERENCE

References available upon request

Seminar on "How to Build Emotionally Healthy Relationships"