



AMNA TARIQ

(PSYCHOLOGIST)

Summary

Dedicated and detail-oriented Bachelor of Science in Psychology graduate with hands-on experience in research, clinical internships, and community engagement. Proficient in utilizing SPSS for research analysis and equipped with certifications in diverse psychology-related workshops and APA guidelines. Committed to fostering emotional well-being and building healthy relationships through compassionate psychological practice.



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Skills

- Research and Analysis
- SPSS Proficiency
- Clinical Observation
- Community Engagement
- Team Collaboration
- Psychological Assessment
- Emotional Intelligence

Certifications

- Research Work using SPSS
- ALSC, BLSC, ECG Workshop
- Gender Psychology (Documentary)
- Case Reports (DSM-V)
- Community Work at Government School, Morgah
- Workshops at Thalassemia Organization, Rawalpindi

Experience

FAUJI FOUNDATION HOSPITAL

POSITION: INTERN

- Conducted patient assessments and observations under the supervision of senior psychologists.
- Collaborated in developing treatment plans and psychological interventions.

SMALL STEPS CLINIC

POSITION: ASSISTANT TEACHER

- Administered psychological assessments and conducted behavioral observations.
- Participated in therapy sessions, facilitating group discussions, and providing individual counseling support.
- Assisted in maintaining patient records and reports under the guidance of mentors.

SHAHEEN HEALTH PLUS

POSITION: ASSISTANT PSYCHOLOGIST

- Coordinated with senior psychologists in conducting psychological assessments and follow-ups.
- Played a key role in organizing and implementing workshops and psychological campaigns.

Certifications

- Online Workshops
- APA Certification
- Seminar on “How to Build Emotionally Healthy Relationships”
- Psychological Campaigns

Additional Information

- Nationality: Pakistani
- Domicile: Punjab
- Religion: Islam
- Marital Status: Single

REFERENCES

References are available upon request.

ARMED FORCES INSTITUTE OF CARDIOLOGY POSITION: ASSISTANT PSYCHOLOGIST

- Conducted individual counseling sessions under the guidance of licensed psychologists, providing emotional support and guidance to clients.
- Facilitated group therapy sessions and workshops focused on stress management, communication skills, and emotional well-being.
- Assumed responsibility for additional tasks, including information systems management and record-keeping to ensure accurate documentation.
- Collaborated with senior psychologists in developing and implementing psychological campaigns aimed at community mental health awareness.

Education

BACHELOR OF SCIENCE IN PSYCHOLOGY

Foundation University Islamabad, 2019-2023

- Specialization in Psychological Research and Analysis

HIGH SECONDARY SCHOOL CERTIFICATE (HSSC)

Pakistan Islamia Higher Secondary School, Sharjah, UAE, 2017-2019

SECONDARY SCHOOL CERTIFICATE (SSC)

Pakistan Islamia Higher Secondary School, Sharjah, UAE, 2017-2019