



## CONTACT

- 0544386346
- arjunlama2030@gmail.com
- UAE , DUBAI

## EDUCATION

**+2 COMPLETED FROM  
OXBRIDGE  
INTERNATIONAL COLLEGE**  
HIGH SCHOOL / Kathmandu /  
January, 2016 - February, 2018

## SKILLS

- BUTCHER - Experienced
- WAITERSHIP &  
KITCHENHELPER - Expert
- Life Guard - Expert

## LANGUAGE

English	● ● ● ● ●
Nepali	● ● ● ● ●
Hindi	● ● ● ● ○

# ARJUN LAMA

## WORK EXPERIENCE

### LIFE GUARD

As a licensed lifeguard, I've had the privilege of serving as a guardian of safety at various aquatic environments. One particular experience stands out, highlighting the importance of both preparedness and quick thinking. Being a licensed lifeguard is not just a job; it's a commitment to the well-being of others and a responsibility that demands constant vigilance and a dedication to honing one's skills. This experience further solidified my passion for lifeguarding and reinforced the importance of promoting water safety in the community.

### HOUSE KEEPING

"Detail-oriented and reliable housekeeping expert with 1+ years of hands-on experience in creating clean, organized, and welcoming spaces. Skilled in all aspects of domestic chores, including cleaning, laundry, and organization. Committed to delivering exceptional service and exceeding customer expectations. Efficient, trustworthy, and dedicated to ensuring every home is a haven of cleanliness and comfort."

### KITCHEN HELPER AND WAITER

As a waiter, my days were filled with a whirlwind of customer interactions, where I honed my skills in balancing trays of steaming hot dishes and navigating the bustling dining area with grace. I swiftly learned the art of anticipating guests' needs, ensuring their dining experience was seamless and delightful. Alongside me, the kitchen helpers worked tirelessly behind the scenes, chopping, stirring, and plating with precision.

## ACHIEVEMENTS

○ HAD OWNED MEAT SHOP AT HOME COUNTRY

## ○ TRAINING/CERTIFICATIONS

○ LIFE GUARD LICENSE HOLDER  
2023

