



# ATHIRA SUNDAR

Highly motivated and detail-oriented MBA graduate seeking to secure an entry level position in a reputable organisation where I can apply my skills and knowledge and gain valuable industry experience and contribute to the growth of the company.

 <https://www.linkedin.com/in/athira-sundar-97286b221>

## Contact Details

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## Personal Information

Passport number: W2229924  
Nationality: Indian  
DOB: 29/08/1998  
Marital Status: Single  
Languages: English, Hindi, Malayalam, Tamil

## Technical skills

Microsoft Word  
Microsoft Excel  
Powerpoint

## Education History

MBA Logistics and Healthcare  
Bharathiar University  
2022-2024  
  
Ba English Literature  
Kerala University  
2017-2020

## Skills

Communication Skills  
Time Management  
Leadership  
Team Management  
Adaptability  
Critical Thinking  
Problem Solving

## Work Experience

### All seasons Ayurvedic Resort (Internship)

HR Manager      June 2023-July 2023

Completed a 3-month internship at All Seasons Ayurvedic Resort at Kollam, gaining hands-on experience in:

- Assisted in recruitment process
- Coordinated employee onboarding and orientation programs
- Maintained employee records and updated HR databases
- Conducted employee engagement surveys and analysed results
- Supported benefits administration like health insurance, leave policies

### Kimshealth

Housekeeping Supervisor      Jan 2022- July 2022

Results-driven and detail-oriented Housekeeping Supervisor with 3 months of experience in maintaining high levels of cleanliness, organization, and guest satisfaction in hospitality environments.

- Supervised and trained housekeeping staff
- Ensured quality standards and cleanliness protocols
- Managed inventory and supplies
- Coordinated with other departments

-Personal Qualities:

- Strong work ethic and attention to detail
- Excellent problem-solving and communication skills
- Ability to work under pressure

## Reference

Dr. Krishnadas  
Asst. Professor, CMS AMT  
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