



# KESHAV KHADKA

KITCHEN COOK

## CONTACT

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## AWARDS

### Best Employee of the year

Secret Recipe Restaurant and BHD /  
2020 / Kuala Lumpur, Malaysia

## SKILLS

- Asian and Western Food
- Grilling & Pastry
- Pizza and Burger
- Food Safety & Regulations
- Quality of Food & Presentation
- Food service management
- Computer And Internet Skill

## LANGUAGE

Nepali - Expert  
English - Experienced  
Hindi - Experienced

## SUMMARY

Dedicated and skilled kitchen cook with 10 years of experience in high-paced restaurant environments on Malaysia and India. Proficient in preparing a variety of dishes, maintaining food quality, and ensuring kitchen efficiency. Strong knowledge of food safety standards, inventory management, and teamwork. Adept at handling high-pressure situations while delivering consistently excellent meals. Passionate about creating flavorful dishes and maintaining a clean, organized kitchen.

## EDUCATION

### Higher secondary certificate(12th)

Bhairav Janta Higher School / Palpa, Nepal

### School leaving certificate (10th)

Bhairav Janta Higher School

## WORK EXPERIENCE

### KITCHEN COOK

Secret Recipe Restaurant and BHD / Kaula Lumpur ,Malaysia / August, 2014 -  
August, 2024

- Manage kitchen staff and coordinate food orders
- Supervise food prep and cooking
- Check food plating and temperature
- Establish portion sizes
- Schedule kitchen staff shifts
- Price menu items in collaboration with the Restaurant Manager
- Order food supplies and kitchen equipment, as needed
- Train kitchen staff on prep work and food plating techniques
- Store food products in compliance with safety practices (e.g. in refrigerators)
- Keep weekly and monthly cost reports
- Maintain sanitation and safety standards in the kitchen area

## TRAINING/CERTIFICATIONS

### Advance course on excel, Tally, vat and taxation

Moonlight computer institute

### Vocational training of Food Safety