ABHISHEK M R

@ emmarabhishek@gmail.com

- 0508607238
- 🕈 KASARGOD, KERALA, INDIA



Personal Details

Date of Birth	:	10/08/1998
Marital Status	:	SINGLE
Nationality	:	INDIAN
Passport	:	R0382677 (Date of Expiry: 10/08/2027)
Gender	:	Male
Visa Status	:	Visiting Visa (Date of Expiry: 09/03/2025) $$

Objective

Experienced Safety Officer with two and half years in the field, specializing in risk assessment, safety program development, and regulatory compliance. Proven track record of fostering a culture of safety excellence in diverse workplace environments. Dedicated to promoting a safe and productive atmosphere while contributing to organizational success.

Experience

26/09/2024 -	Armour Steel Buildings India
31/12/2024	Safety Engineer
	BASF Catalyst India Factory extension Project,
	Chennai, India
	PMC - CBRE SOUTH ASIA PRIVATE LTD
15/04/2022 -	AARA Engineering
31/07/2024	Safety Engineer
	Mitsubishi Electric AC Project,
	Chennai, India
	PMC- Shimzu Corporation India
01/05/2018 -	KWG Industries
30/05/2018	Management Intern
	Kasargod, Kerala

Roles & Responsibilities

Conduct regular risk assessments and implement safety measures according to site conditions.

Monitoring safety of work at height, protection of edge and openings in floor.

Closely monitoring of high risk activities, hot work, confined space entry etc.

To ensure proper implementation of LOTO procedure.

Monitoring safety of scaffolding.

To ensure Electrical safety.

To ensure Vehicle and pedestrian movement safety on the site.

To ensure good housekeeping and stacking of materials at designated areas.

To encourage the workforce, all accident /incident or near miss should be reported and documented.

Ensure training, tool box meetings, and drills are implemented as part of the company's HSE policy.

Strictly follow PTW system & daily, weekly, monthly Inspection check lists.

Ensure all worksites are HSE compliant with Company policies and safety standards.

Monthly & daily HSE Status report.

Education

April 2021 - March	National Academy for Professional Training
2022	Diploma in Fire and Safety Engineering
March 2021- October	Kerala University
2023	MA Sociology (Distant Education)
July 2017- March	Kannur University
2020	BA Functional English

Certifications

NEBOSH IGC (Waiting for result)

IOSH

Medic first-aid

Skills

Advanced Excel & Word

Slide Presentation

Relationship Building

Time Management

Ability to work independently and as a part of a team

Interests

Psychology		
Organic Farming		
Driving		
Meditation		
Languages		
Malayalam		
English		
Hindi		

- ..

Tamil

Declaration

I do hereby declare that all the statements as mentioned above are true and Correct to the best of my knowledge and belief. Thank you