



HASSAN RASHEED

HSE OFFICER (HEALTH, SAFETY AND ENVIRONMENT OFFICER)



Male



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21-09-2001



Pakistan Punjab Chakwal



Objective

Short-term (Next 2 Years)

To secure a job in the field of occupational health, safety, and environment, leveraging my NEBOSH IGC and OSHA certifications and internships to implement effective safety practices, gain valuable industry experience, and contribute to creating safer and more sustainable workplaces.

Long-term (Next 3-5 Years):

To advance to a senior role as an HSE Advisor or Manager with the support of NEBOSH International Diploma (Level 6), achieving mastery in occupational health, safety, and environmental management while leading innovative safety programs and driving sustainable practices within a reputable organization.



Skills

Language:

URDU, ENGLISH

Computer:

MS WORD, EXCEL, POWER POINT, FLUENT TYPING SPEED

OTHER SKILLS:

SINGING



Interests

Yoga, Martial arts, Nature tourism, and staying updated on the latest developments in Health And Safety Practices...



Education

GOVT HIGH SCHOOL DALWAL, MATRICULATION

YEAR OF COMPLETION - 2018

GOVT ASSOCIATE COLLAGE CHOA SAIDAN SHAH, FSC-PRE_ENGINEERING

YEAR OF COMPLETION - 2020

TECHNICAL AND VOCATIONAL TRAINING INSTITUTE, OFFICE MANAGEMENT

YEAR OF COMPLETION - 2023



Work experience

SUCCESSFUL FUTURE

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A highly motivated and certified Occupational Health, Safety, and Environmental (HSE) professional with practical experience gained through an internship at DG Khan Cement Company Ltd. Proficient in identifying workplace hazards, conducting risk assessments, and implementing safety protocols in compliance with industry standards, including OSHA and NEBOSH guidelines. Demonstrated expertise in fire safety, emergency response planning, and safety audits. Equipped with solid theoretical knowledge and hands-on experience, committed to ensuring a safe and sustainable work environment.



Certifications

2024: OSHA FOUNDATION 60+ HOURS IN HEALTH AND SAFETY

2024: NEBOSH IGC (INTERNATIONAL GENERAL CERTIFICATE) IN HEALTH AND SAFETY