



rizwan5699@gmail.com



0506057297



Abu Dhabi



29-aug-1993



Pakistani



UAE(light vehicle valid uptill 2026)

EDUCATION

ACCA (Part Qualified)
Skans School of Accountancy,
April 2013
Completed till F9

F.I.A
Skans School of Accountancy,
April 2011

Matric, Science
Federal Board, Rawalpindi,
Pakistan
April 2010

Nvq 6, Hse
TMC DUBAI, Dubai, United
Arab Emirates
2024

- Honours Degree

MUHAMMAD RIZWAN

PROFESSIONAL SUMMARY

To work in dynamic and challenging environment which provides me opportunity to learn and improve knowledge and skills for future challenges. Analytical HSE Officer accustomed to evaluating health and safety data to mitigate risks. Distils findings to implement actionable improvements. Excellent command of regulatory compliance and industry requirements.

SKILLS

- Cultural awareness
- Attention to Detail
- Strategic Planning
- Leadership
- Evidence collection
- First Aid and CPR administration
- CCTV footage analysis
- Teamwork
- Fraud investigation
- Policy analysis

WORK HISTORY

October 2019 - Current

twofour 54 (MBC) - Health, Safety and Environment (HSE) Officer, Abu Dhabi, United Arab Emirates

- Maintaining health and safety culture on site, Identifying and controlling workplace hazards, Conducting inspections, Arranging and controlling HSE and audit related documents, Participating in HSE related audits, Arranging job related trainings for activities on workplace, Implementing and controlling permit to work system for high risk activities, Arranging work place as per OSHAD requirements, Conducting toolbox talk related to task, Participating in accident investigation and near miss reporting, Equipment inspections and maintaining log, Conducting activities related drills on site for awareness, Arranging activities related awareness campaign and awards on site, Maintaining and arranging welfare facilities for operatives, Carrying fire risk assessments and fire fighting training for operatives, Making reports on regular basis, Maintaining HSE statistics reports, Closing observations and NCRs
- Promoted safe working practices, enabling staff safety and wellbeing.
- Improved workplace safety through regular compliance assessments.
- Scheduled meetings to detect health and safety concerns.
- Conducted site inspections to determine hazard-free environment.
- Investigated reports of injuries and near misses, testing equipment and inspecting work stations to locate hazards.
- Examined tools, machinery and equipment to determine safety and adequacy.

- Graduated with distinction

Nebosh, Safety
Tmc, Dubai, United Arab
Emirates
2022
Credit in certification

LANGUAGES

Urdu Native

English C2

Proficient

Arabic C2

Proficient

- Performed risk assessments in line with safety guidelines and submitted reports for action.
- Documented accidents and injuries in detail to enable future prevention.
- Assessed workplace risks, educating workers on related laws and regulations.
- Recorded hazard and risk data for ongoing analysis and evaluation.
- Managed Health, Safety and Environmental compliance for various projects.
- Prioritised health and safety when working on projects for clients across industries.
- Trained staff and contractors on occupational and environmental health compliance.
- Prepared reports outlining achievement of Health, Safety and Environmental KPIs.
- Investigated accidents occurred in area to plan next course of action.
- Oversaw emergency procedures for staff organisation, fire drills and alarm response.
- Halted work activities under unsafe working conditions and reported issues to managers for action.
- Developed and reviewed risk assessments for construction sites with contractors.

January 2017 - January 2019

hemaya security services - Safety Officer

- Implementing All safety rules and regulations according to Standards, Fulfilling all govt bodies permit requirements, Maintaining Health and Safety culture on workplace, Conducting inspections, Arranging basic welfare facilities for operatives on site, Conducting job related trainings for operatives on site, Closing observations and NCRs, Maintaining HSE related documents

January 2015 - January 2017

Al Rayan camp and Accommodations - HSE officer