

# PRAISON MATHEW

## CONTACT

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 India, Ezhumattoor, ozhukuparampil

## EDUCATION

2021 - 2022

### Executive Diploma in Hotel Management

Chennai's Amrita International Institute of Hotel Management

## LANGUAGES

- English
- Malayalam
- Tamil

## PROFESSIONAL SUMMARY

Aspiring and motivated trainee chef with a four-month internship in food production at Courtyard by Marriott. Currently pursuing an Executive Diploma in Hotel Management, I bring strong skills in recipe creation, food preparation, fine dining, team management, and kitchen equipment maintenance. Eager to contribute budgeting and organizational expertise to enhance hotel operations and provide exceptional service.

## EXPERIENCE

### Food production

2023 - Now

- - Execute food preparation tasks following established recipes, ensuring consistency in taste, presentation, and quality for a positive dining experience.
- - Adhere to hygiene and safety standards during food handling, cooking, and storage, maintaining a clean and organized kitchen environment.
- - Collaborate with the kitchen team to coordinate cooking times, manage ingredient inventory, and streamline overall food production processes.
- - Monitor and maintain kitchen equipment, ensuring proper functionality and reporting any issues for timely repairs or replacements.
- - Contribute to the development of new recipes, participate in menu planning, and adapt to changing demands while adhering to budgetary constraints.

## SKILLS

Culinary Expertise	★★★★★
Food Safety and Hygiene	★★★★★
Time Management	★★★★★
Team Collaboration	★★★★★
Adaptability	★★★★★

## INTERNSHIPS

### Trainee chef in kitchen

Courtyard by Marriott