

RISHAL RIYA







SKILLS

- Food safety
- Active Listening
- Healthy eating tips
- Dietary restrictions
- Nutritional analysis
- Patient education
- Meal distribution

LANGUAGES

- **English**
- Kannada
- Hindi
- French
- Konkani

ABOUT ME

Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals. Hardworking and passionate job seeker with strong organizational skills. To seek and maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills.

INTERNSHIP TRANING

Opportunities in Petrochemical Sector - and Its Technical Concepts

CIPET-CSTS Karnataka, India

EDUCATION SUMMARY

BSc in Food Science And Nutrition

St-Philomena's College Autonomous Karnataka, India Jun 2020-May 2023

12th (PUC)

Fatima Convent Composite Pu College Karnataka, India

Jun 2018 - May 2020

10th (SSLC)

Fatima Convent High School Karnataka, India Jun 2017- May 2018

HOBBIES

- Reading
- Listening to music
- Travelling

ADDITIONAL INFORMATION

Name: Rishal Riya D Almeda

• Date of birth: 11-03-2002

• Father name: Vincent D Almeda

Mother name: Veena D Almeda

Marital status: Single

• Blood group: B+

Sex: Female

Nationality: Indian

Passport number: Y9660671

Visa status: Visit Visa