

# SUJAL RAI

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## KITCHEN HELPER

### Professional summary

To be able to have an opportunity to practice and conduct my acquired skill and knowledge in a manner compatible with the dignity of my profession, and to be able to meet new challenge that would promote constant learning and professional maturity.



#### PROFESSIONAL EXPERIENCE.

- Worked as a **Kitchen Helper for 15 Months in Nepal with Deurali kitchen**

#### DUTIES AND RESPONSIBILITY

- Preparing meal ingredients for the cook, which includes washing, peeling, cutting, and slicing ingredients.
- Assisting kitchen staff to unload food supplies from delivery trucks.
- Properly washing and drying all dishes, utensils, cooking instruments and cutting boards.
- Neatly putting away all utensils, cooking instruments, dishes, and cutting boards in their respective places.
- Packing take-out orders as needed.
- Removing garbage, replacing garbage bags, and washing garbage cans.
- Mopping and sweeping the kitchen areas as required.
- Storing ingredients and food items according to food safety standards.

#### PERSONAL DETAILS

- Nationality : Nepal
- Language Known : Hindi, Nepali, English
- Marital status : Single
- Gender : Male
- Passport No : PA1567825
- Date of birth : 17-07-2004
- Religion : Hindu
- Visa Status : Visit Visa

#### SKILL HIGHLIGHTS.

- Working under stressful conditions.
- Good Client management skills
- Adapting speedily to varying conditions.
- Accepting challenges
- Time management
- Speedily Learning Skills.
- Self motivated and result oriented approach
- Excellent written and verbal communication
- Inter personal skills

#### TECHNICAL SKILLS

- Knowledgeable on social media online business trends
- Computer Operator

#### EDUCATION

- PLUS TWO

I do hereby certify that the above information is true and correct to the best of my knowledge

Applicant