

SULTHAN ARIFIN *KITCHEN HELPER*

✉ sultanasrin5@gmail.com

☎ +971-556448487

📍 Deira, Dubai

📅 09/07/1982

🚩 Indian

💍 Married

🧑 Male

Profile

My objective is to apply my abilities in the day-to-day function of the kitchen service team and maintain high quality services which ultimately lead to client satisfaction. I am an eager and fast-learner willing to follow instructions to the mark. I also aim to comply with all standards and policies applicable to my duties. My years of experience as kitchen worker honed my skills in delivering kitchen services. To improve my productivity, I am willing to attend training and seminars relevant to my duties. With this said, I am confident that I could be a useful talent to the company.

Education

DIPLOMA, AZZAD TRAINING GROUP

11/2007 – 04/2007 | Murgab, Kuwait

SSLC

06/1997 – 04/1998
Kasmiya Matriculation School, India

Professional Experience

Kitchen Bakery Helper, Diva's Restaurant & Cafe

12/2012 – 12/2018 | Salmiya, Kuwait

Responsibilities

- Taking out the garbage and replacing garbage bags.
- Washing, drying, and putting away all dishes and kitchen utensils. Unloading food supplies from delivery trucks.
- Helping cooks prepare for meals by washing, cutting, peeling, and slicing ingredients.

Kitchen Bakery Helper, CrepAway

12/2003 – 12/2007 | Salmiya, Kuwait

Responsibilities

- Taking out the garbage and replacing garbage bags.
- Washing, drying, and putting away all dishes and kitchen utensils. Unloading food supplies from delivery trucks.
- Helping cooks prepare for meals by washing, cutting, peeling, and slicing ingredients.

Kitchen Bakery Helper, DG Bather Catering

12/2018 – 12/2020 | Ardiya, Kuwait

Responsibilities

- Taking out the garbage and replacing garbage bags.
- Washing, drying, and putting away all dishes and kitchen utensils. Unloading food supplies from delivery trucks.
- Helping cooks prepare for meals by washing, cutting, peeling, and slicing ingredients.
- Prepared food based on health codes and quality standards.
- Stored food safely to prevent spoiling.
- Identified and reported any safety concerns to management.
- Maintained kitchen clean and removed garbage at regular intervals

Languages

English	<div><div></div><div></div><div></div><div></div><div></div></div>	Hindi	<div><div></div><div></div><div></div><div></div><div></div></div>
Tamil	<div><div></div><div></div><div></div><div></div><div></div></div>	Malayalam	<div><div></div><div></div><div></div><div></div><div></div></div>

Skills

Safety and Sanitation	<div><div></div><div></div><div></div><div></div><div></div></div>	Team Work	<div><div></div><div></div><div></div><div></div><div></div></div>
Knowledge of Bakery Chemistry	<div><div></div><div></div><div></div><div></div><div></div></div>	Able to multi-task efficiently.	<div><div></div><div></div><div></div><div></div><div></div></div>
Ability to use common kitchen equipment and appliances safely.	<div><div></div><div></div><div></div><div></div><div></div></div>	Able to work in a fast-paced environment.	<div><div></div><div></div><div></div><div></div><div></div></div>

Declaration

I hereby declare that all the information given above is true and correct to the best of my knowledge.

Sulthan Arifin
Dubai