



MANBIR GURUNG

PROFILE

I am an extremely fit and active person who had a great deal of experience in this field and I have a track record of high achievement. I have very good organizational and motivational skills and I am always striving to improve myself. I believe that I would embrace the challenges that this new role has to offer. I am motivated, dedicated, loyal and ambitious person who has the ability to work both within a team and also unsupervised.

- Very Energetic result oriented and organized
- Efficient and well-behaved person
- Extremely hardworking self-motivated and able to work independently in a team environment under supervision
- Keep excellent inter personal relations with colleagues and ready to help them

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tobchen18@gmail.com

Dubai, U.A.E

Education

- 10 passed

PERSONAL INFORMATION

- Date of Birth : 17 - NOV - 1997
- Gender : Male
- Marital Status : Single
- Nationality : Nepalese
- Passport no. : 12125658
- Visa Status : Employed visa

SKILLS

- Customer Service
- Teamwork
- Excellent organizational skills.
- Able to complete tasks on time with minimal supervision.
- Communication Skills
- Problem-solving
- Effective Communication
- Critical Thinking

LANGUAGE KNOWN

- English
- Hindi
- Nepali

Work Experience

• 2 YEAR WORKED AS A SALES REPRESENTATIVE IN NESTO HYPER MARKET , DUBAI , UAE

- Present, promote and sell products/services using solid arguments to existing and prospective customers
- Perform cost-benefit and needs analysis of existing/potential customers to meet their needs
- Establish, develop and maintain positive business and customer relationships
- Reach out to customer leads through cold calling
- Expedite the resolution of customer problems and complaints to maximize satisfaction
- Achieve agreed upon sales targets and outcomes within schedule
- Coordinate sales effort with team members and other departments
- Analyze the territory/market's potential, track sales and status reports
- Supply management with reports on customer needs, problems, interests, competitive activities, and potential for new products and services.
- Keep abreast of best practices and promotional trends
- Continuously improve through feedback

• WORKED AS A KITCHEN HELPER IN NAYAN RESTAURANT NEPAL 2019_2021

- Preparing meal ingredients for the cook, which includes washing, peeling, cutting, and slicing ingredients.
- Assisting kitchen staff to unload food supplies from delivery trucks.
- Properly washing and drying all dishes, utensils, cooking instruments and cutting boards.
- Neatly putting away all utensils, cooking instruments, dishes, and cutting boards in their respective places.
- Packing take-out orders as needed.
- Removing garbage, replacing garbage bags, and washing garbage cans.
- Mopping and sweeping the kitchen areas as required.
- Storing ingredients and food items according to food safety standards.

Declaration

I hereby certify that the above information is correct to the best of my knowledge and belief.

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